

## Prayer to our Lord for the grace of healing and protection

Lord Jesus Christ, you travelled through towns and villages curing every disease and illness. At your command, the sick were made well. Come to our aid now, in the midst of the global spread of the coronavirus, that we may experience your healing love.

Heal those who are sick with the virus. May they regain their health and strength.

Heal us from our fear, which prevents neighbours from helping one another.

Heal us from our pride, which can make us claim invulnerability to a disease that knows no borders.

Good Lord, healer of all, stay by our side in this time of uncertainty and sorrow.

May those who have died from the virus rest in peace and rise in glory.

Be with the families of those who are sick or have died. As they worry and grieve, defend them from illness and despair.

Be with the doctors, nurses, researchers and all medical professionals who seek to heal and help those affected and who put themselves at risk in the process. May they know your protection and peace.

Be with the leaders of all nations. Give them the foresight to act with prudence and charity for the well-being of the people they are meant to serve.

Stay with us, Lord, and grant us your peace. Amen.

## Prayer to our Patron St Joseph in Difficult Times

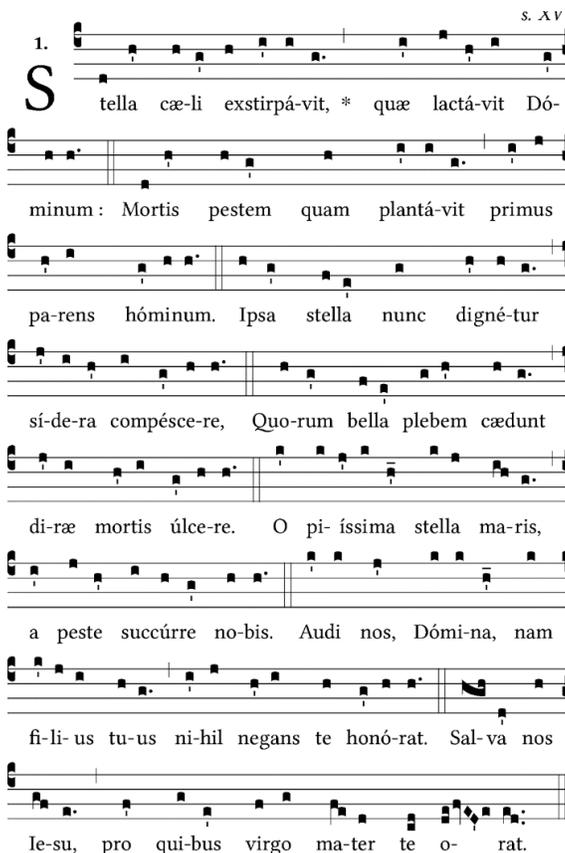
Holy St Joseph, you were a man of great hope and faith. You faced many difficult times in your life, fleeing from Egypt, caring and fearing for Mary and Jesus. You lived like us today in uncertain times.

Your strength came from knowing that the power and faithfulness of God would always be constant.

Fill us with confidence that you had in the Lord, our God. Help us to know that God is so close to us that He will deliver us from the trials and troubles we are now encountering.

May the light of the Lord give us hope. May it guide us every day of our lives and, uniting our prayers with yours, may we be assured by the peace and joy of the Lord, that will strengthen us in all our difficulties. Holy St Joseph, pray for us.

*The town of Coimbra (Portugal) having been visited by a plague in 1317, the nuns of the monastery of Santa Clara prayed the following prayer – the **Stella Caeli Exstirpavit**, whereupon the contagion instantly ceased. This holy prayer has preserved many places from contagion where it is recited daily with confidence in God and the intercession of the Blessed Virgin Mary. It has arrested this scourge in many places:*

1.  s. XV  
S tella cæ-li exstirpá-vit, \* quæ lactá-vit Dó-  
minum: Mortis pestem quam plantá-vit primus  
pa-rens hóminum. Ipsa stella nunc digné-tur  
sí-de-ra compésce-re, Quo-rum bella plebem cædunt  
di-ræ mortis úlce-re. O pi-íssima stella ma-ris,  
a peste succúrre no-bis. Audi nos, Dómi-na, nam  
fi-li-us tu-us ni-hil negans te honó-rat. Sal-va nos  
Ie-su, pro qui-bus virgo ma-ter te o- rat.

The Star of Heaven who nourished the Lord

drove away the plague of death

which the first parents of men planted.

This very Star is now worthy

to restrain the tempest whose wars

kill the people with the sore

of dreaded death.

O most pious Star of the Sea,

preserve us from pestilence;

hear us, O Lady,

for Thy Son honours Thee,

and refuses Thee nothing.

Save us, O Jesus,

for whom Thy Virgin Mother supplicates Thee. Amen.

*For live-streaming of Mass from Our Lady Star of the Sea & St Michael, Workington follow:*

<https://www.mcnmedia.tv/camera/christ-the-good-shepherd> and for Our Lady of Furness, Barrow:

<https://camsecure.co/httpswebcam/owenbayliss/owenbayliss5.html>