



# St. Joseph's Catholic Church, Ansdell

Parish Priest: Fr. David Burns.

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## Fourteenth Sunday in Ordinary Time

5<sup>th</sup> July 2020

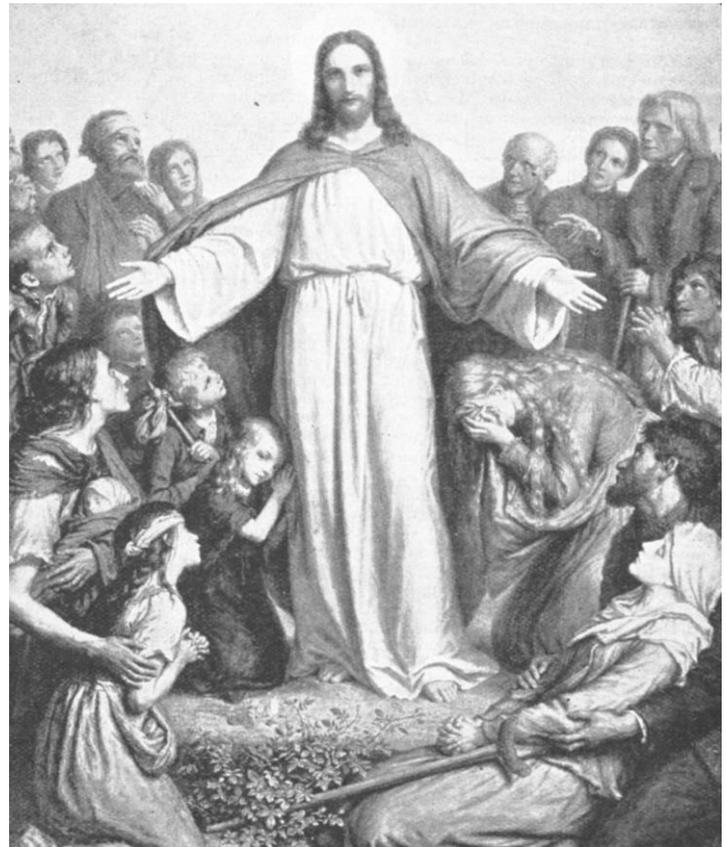
*Shoulder my yolk and learn from me,  
for I am gentle and humble of heart  
and you will find rest for your souls*

Sat 4 <sup>th</sup> Vigil:	Pat Eastham RIP
Sun 5 <sup>th</sup> <u>9.15am</u>	People of the Parish
<u>10.30am</u>	Mass at St Peter's
Sun 5 <sup>th</sup> Afternoon	Holy Souls
Mon 6 <sup>th</sup>	No Mass
Tue 7 <sup>th</sup>	Canon Frank Cookson RIP
Wed 8 <sup>th</sup> <u>8.30am</u>	Mass at St Peter's
<u>12 noon</u>	Harry & Elizabeth Whitehead RIP
Thu 9 <sup>th</sup>	St Peter's Intention
Fri 10 <sup>th</sup>	William & Mary Murray RIP
Sat 11 <sup>th</sup> Morning	St Peter's Intention
Sat 11 <sup>th</sup> Vigil:	People of the Parish
Sun 12 <sup>th</sup> <u>9.15 am</u>	Bill Cookson (Ann)
<u>10.30 am</u>	Mass at St Peter's
Sun 12 <sup>th</sup> Afternoon	Holy Souls

**The underlined Masses will be celebrated in public.**

**Confessions:** If you wish to go to Confession, this can be arranged on an individual basis, please give Fr David a ring.

**A thought for Sunday:** The scripture readings for our first public Mass are quite short, but to the point. The first reading from Isaiah reminds us of Palm Sunday: 'See now, your king comes to you; he is victorious, he is triumphant, humble and riding on a donkey.' Jesus comes to Jerusalem, the holy city, in humility as He comes to us now. He does not break the crushed reed, nor put out the smouldering wick. Rather He comes to heal, to restore, to build up. For He is kind and full of compassion, slow to anger and abounding in love, as the psalm tells us. God wants to make His home in us, to teach us to seek and long for spiritual things – the treasure kept for us in heaven where nothing can steal or corrupt it for it is a wreath that will never wither. So, Paul assures us in the letter to the Romans. And in the gospel, Jesus reminds us that it is not to the learned and the clever that He reveals Himself, but those who come as a child. He is our place of rest for He is gentle and humble of heart, and we will find rest for our weary souls. It is just the message we need to hear as we gather together once again as a family in Christ, eager to draw strength from His blessed presence.



*'Come to me all you who labour and are overburdened...'*

**St Joseph's Care:** If you, or someone you know is in need, St Joseph's Care has a helpline and we have volunteers who will be in a position to provide basic support such as shopping. The number is: **07840 112 265** (9am – 7pm daily).

**Please pray for:**

**Lately Dead:** Canon Francis Cookson

**Those who are sick:** Bishop Paul Swarbrick, Canon Paul Embery, Nora Short, Sr. Josephine Mary (Hynning), Brid José, Kitty O'Dea, Michael Cookson, Pat Quaile, Simon Muller, Susan Standing, Margaret Spillane, Maureen Lundy, Christopher Hill, Christopher Hunter, Pat Marion, Paul Meskell, Anne Meyer, Phil Winstanley, Frances Kendrick, Bobby Kelly, Judith Cross, John Weaver, Andrew Cox, Roseanne Evans, Alex Walker, Emmanuel Zammit, Bob Osachuk, Rosaline Fox, Alan Watkins, Alison Singleton, Vincent Lutas, Rod Beirne, Molly Murphy

**Those whose anniversaries occur about this time:** Jean Walker, Margaret Eyre, Tony Ivison, Pdraig Toner, Caroline Glancy, Ted Swindlehurst, Carl Humphries, Catherine Valentine, Edward Mather, Janet Gannon, Hedley Haigh, Elizabeth Alice Gunns, Bill Cookson, Julia Mary DeCaux

## St Benedict – Feast Day 11<sup>th</sup> July

Next Saturday is the Feast of St Benedict - father of western monasticism and one of the patron saints of Europe. Benedict was born in Nursia, in Umbria, and studied in Rome; but he was unable to stomach the dissolute life of the city, and he became a solitary hermit at Subiaco. His reputation spread, and some monks asked him to be their abbot; but they did not like the discipline he imposed and tried to poison him. Benedict organised various small communities of monks and nuns in various places, including the great monastery of Monte Cassino. He drew up a set of rules to guide the communal life of monasteries. Although this was not the first monastic rule ever, the Rule of St Benedict has proved so wise and balanced that it has served as the foundation of practically every attempt at communal living ever since – and not only in religious communities. The Rule of St Benedict recognises that people aim at perfection but often fall well short of it, and aims to be a “rule for beginners” in which even the least perfect and least able can grow in spiritual stature.



### Church re-opening

St Joseph's opens this Sunday for public Mass for the first time since the 20<sup>th</sup> March. We will have Mass here at 9.15am on Sundays and on Wednesdays at 12 noon. The church will not open for private prayer beyond these times. These are harsh restrictions to begin with but, hopefully and as time goes by, we will be able to relax them. We must keep to the government's 2m distancing in church – more of a challenge than it looks. If you are retired, or are free in the week, perhaps consider coming on Wednesday to leave more room for those who can only come on Sunday. We now have to take a register of everyone who comes to church for the purposes of the track and trace system. Everything is done with the intention of keeping people safe and meeting the requirements imposed on us as a public body by the government regulations. These have also been endorsed by our own bishop's office. When you arrive at church the stewards will direct you accordingly – they are there to help you. Many thanks go to those who kindly volunteered to help with this effort. It is good to be able to gather again as a parish community. Let us continue to pray for each other and for an end to this crisis.

### From Bishop Paul Swarbrick – on having to wait to return to Mass...

...The restrictions we experience are a consequence of us being citizens of a broader society, for whom we have a profound concern, and to whom we have a Divine Mission. Waiting and preparing have a place in the Mystery of Faith. Think of Christ's hidden years before His public Ministry, and His sharing of the Eucharist towards its completion. Think of His patience in delaying His Ascension to the Father. Think of the Apostles and Our Blessed Lady waiting for the descent of the Holy Spirit. Think of the Eucharistic fast, a time of waiting and preparation – definitely not time wasted!

**The Voice for July:** The latest edition of our diocesan newspaper can be found via this link: [https://st-josephsandsell.net/Documents/CatholicVoice\\_Lancaster\\_July\\_2020.pdf](https://st-josephsandsell.net/Documents/CatholicVoice_Lancaster_July_2020.pdf)

**Online Masses:** <https://st-josephsandsell.net/videos/>, for recordings of Mass here at St Joseph's.

**CAFOD Appeal:** CAFOD launched its coronavirus emergency appeal on 30 April. The effects of coronavirus on developing countries where CAFOD works are likely to be devastating. Families without enough to eat and without access to clean water + healthcare are particularly vulnerable to coronavirus. The poorest and most marginalised communities will be pushed further into poverty. In some developing countries there are almost no intensive care hospital beds or ventilators. Your prayers and gifts are needed now more than ever, to help protect the lives of those in poor communities. While we are not able to hold collections in our church, you can donate as individuals online at [cafod.org.uk/coronavirusappeal](http://cafod.org.uk/coronavirusappeal) or by phone on 08085 85 88 85 *Thank you...*

**A Prayer to your Guardian Angel:** Dear Guardian Angel, go for me to the church, there kneel down at Mass for me. At the Offertory, take me to God, and offer Him my service: What I am, what I have, offer as my gift. At the Consecration, with your seraphic strength, adore my Saviour truly present, praying for those who have loved me, for those who have offended me, and for those now deceased, that the blood of Jesus may purify them all. During Holy Communion, bring to me the Body and Blood of Jesus uniting Him with me in spirit, so that my heart may become His dwelling place. Plead with Him, that through His sacrifice all people throughout the world may be saved. When the Mass ends, bring home to me and to every home, the Lord's blessing. Amen.

**An Act of Perfect Contrition:** This requires us to be contrite of heart for what we have done, know and be overwhelmed by the love and mercy of God for his children, and to approach this grace with humility and resolution not to sin again. The following or similar formula should be used:

*My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Saviour Jesus Christ suffered and died for us. In his name, my God have mercy.*